

THE GREENEST HOUSE IN GRAND VIEW

rockland

SUMMER 2009

MAGAZINE

FREE & CHEAP summer

Gardens | Tennis | Movies | Wine
Shopping | Music | & More

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editor's note



“ I love this time of year, and I want to make the most of each day.

Summer to the Rescue

I don't know about you, but for me, the last few weekends have been especially busy. Along with the usual long list of chores—grocery shopping, laundry, more laundry—I've been working hard to gear up the house for summer: The grill needs gas, the sprinklers need maintenance, and my winter wardrobe needs to go back in the closet until fall. The work is time-consuming—even a little exhausting—but I don't mind, because I love this time of year, and I want to make the most of each fleeting day. With any luck, this issue—devoted entirely to summer—will help you to do the same. “In the Bag,” our new shopping guide, is full of affordable warm-weather must-haves for your home (and your pool and your backyard). Don't miss Matterhorn Nursery's cheerful striped potters—just \$6 apiece! “Great Escapes” will steer you to five relaxing summer destinations, where you can really get away from it all. Golf expert Mitchell Spearman reveals how to put the groove back in your golf swing. Of course, summer is also a great time to get outside and focus on the environment, and this issue will introduce you to residents who make green living a way of life. “Second Time Around” introduces you to interior decorator Nancy August, who recycled raw materials from her original home to redo her new one. Along with a beautiful renovated farmhouse, August and her family built one of the greenest homes in Rockland. And speaking of being environmentally sound, there's no company quite as pro-active as the Soap & Paper Factory. Meet the women who've turned their own planet-saving practices into a profitable beauty business in “Green Girls.”

We hope you enjoy the issue—and the summer. We'll be back again when the colder weather returns next fall.

Until then, see you in Rockland!

Mary Lynn Mitcham
Editor in Chief

in the bag backyard

You don't need the lushest landscape or perfect shrubs to make your backyard the envy of the neighborhood. You only require a few well thought-out decorating touches: Colorful potters, a rustic lantern, and a melodious wind chime can help set a relaxing scene at home. Who knows? You just may be glad you planned that stay-cation, after all.



**Woodstock
Gregorian Wind
Chimes** \$59;
Boondocks; 490
Piermont Ave.;
Piermont; 365-2221



**Orange and Melon-Striped
Outdoor Potters** \$6 each;
Matterhorn Nursery; 227
Summit Park Rd.; Spring Valley;
354-5986; matterhornnursery.com




**Handcrafted Iron
Candle Lantern** \$32;
Aubrey Flowers; 510
Piermont Ave.;
Piermont; 359-1411;
aubreyflowers.com

Pear-Shaped Candle
\$5; Saffron Trading
Company; 5 S.
Broadway, Nyack;
353-3530; saffron-
tradingcompany.com



**Nature's Poetry
Solar Owl Light**
\$15; HomeGoods;
205 E. Route 59;
Nanuet; 623-5410;
homegoods.com

A rustic wooden bridge made of driftwood spans a pond. The bridge is constructed from weathered logs and branches, with a simple railing. The water in the pond is calm, reflecting the surrounding trees and the bridge. In the foreground, there are several colorful flowers, including white, purple, and pink ones, growing in a garden bed. The overall scene is peaceful and natural.

sanctuary

by Karen Croke
Photography by Stephen Schmitt

Tall bamboo plants filter sunlight, leaving a dappled glow on windy wooden paths. A rustling breeze follows ducks as they drift lazily by in the pond. Ponder the scene for a moment from this rustic wooden bridge, and you'll find the kind of summer solace you remember as a kid: lying in the tall grass, drowsy from the sun, with nothing but the drone of the bees to steal your attention (The Gardens at Matterhorn Nursery; 227 Summit Park Rd.; Spring Valley; 354-5986; matterhornnursery.com; \$5 admission).